To this end, we present each month a transcultural mental health topic, which may focus on clinical practice, community or research perspectives. Speakers are drawn from a range of professional and clinical backgrounds. In addition there is a transcultural case presentation given by a psychiatry registrar as part of the St Vincent’s Hospital psychiatry training program.

While each seminar provides specialised information of interest to the transcultural field, members of the audience (largely mental health professionals, community workers, allied health and welfare staff, and carers and consumers) are invited to share their experience in the chaired discussion which follows each presentation. This has also proven an invaluable form of networking in terms of knowledge transfer and service development.
Cultural perspectives in clinical practice, community development and research in transcultural mental health

The seminar series began in 1995 with a clinical perspective only. We have since enlarged the focus to include important community and research developments which serve to inform clinicians about the social and cultural contexts of patients and their families and communities. This may include innovative models of culturally sensitive practice, relevant research findings and perceptions of mental health issues in CALD communities. The seminars are held on the second Wednesday of the month from 4-6pm unless otherwise stated. Each presentation is followed by a transcultural case study presented by a psychiatric registrar. They are not held during school holidays.

Find transcultural mental health at www.vtpu.org.au (03) 9417 4300 Level 2, Bolte Wing, St. Vincent’s Hospital, 14 Nicholson Street, Fitzroy